

Special Needs Resources

Here are some external website links to provide families with resource information to support loved ones with special needs.

ORGANIZATIONS

- Academy of Special Needs Planners [{http://www.specialneedsplanners.com}](http://www.specialneedsplanners.com)
- Autism Society [{http://www.autism-society.org}](http://www.autism-society.org)
- Autism Speaks [{http://www.autismspeaks.org}](http://www.autismspeaks.org)
- Brain Injury Association of America [{http://www.biausa.org}](http://www.biausa.org)
- Easter Seals [{http://www.easterseals.com}](http://www.easterseals.com)
- Huntington's Disease Society of America [{http://www.hdsa.org}](http://www.hdsa.org)
- L.A. Goal [{http://www.lagoal.org}](http://www.lagoal.org)
- National Academy of Elder Law Attorneys [{http://www.naela.org}](http://www.naela.org)
- National Ataxia Foundation [{http://www.ataxia.org}](http://www.ataxia.org)
- National Down Syndrome Congress [{http://ndsccenter.org}](http://ndsccenter.org)
- National Down Syndrome Society [{http://www.ndss.org}](http://www.ndss.org)
- National Spinal Cord Injury Association [{http://www.spinalcord.org}](http://www.spinalcord.org)
- Paralyzed Veterans of America [{http://www.pva.org}](http://www.pva.org)
- Special Needs Alliance [{http://www.specialneedsalliance.org}](http://www.specialneedsalliance.org)
- The Arc [{http://www.thearc.org}](http://www.thearc.org)
- Tuberous Sclerosis Alliance [{http://www.tsalliance.org}](http://www.tsalliance.org)
- United Cerebral Palsy [{http://www.ucp.org}](http://www.ucp.org)

SERVICES

- ABLÉ (Achieving a Better Life Experience Act) {<http://www.ablenrc.org>}
- Centers for Medicare & Medicaid Services {<http://www.cms.gov>}
- Individual Education Plan (IEP)
{<http://www2.ed.gov/parents/needs/speced/iepguide/index.html>}
- Office of Special Education & Rehabilitation Services (OSERS)
{<http://www2.ed.gov/about/offices/list/osers/index.html>}
- Social Security Disability Benefits {<http://www.ssa.gov/applyfordisability>}

EDUCATIONAL MATERIALS

- Exceptional Parent {<http://www.eparent.com>}
- National Caregivers Library {<http://www.caregiverslibrary.org>}
- For Caregivers, About Caregivers, By Caregivers {<http://www.caregiver.com>}

FIND OUT MORE ABOUT SPECIALCARE

Visit our website at www.massmutual.com/specialcare for more information, or to be connected to a local MassMutual Special Care Planner¹.

¹Special Care Planner is a title used by MassMutual for financial professionals who have received advanced training and information in estate and tax planning concepts, special needs trusts, government programs, and the emotional dynamics of working with people with disabilities and other special needs.