

## National average annual cost of care for 2007

Long term care services can be very expensive. The national average cost for a year in a private nursing home room is \$77,745, and that can be almost double in some areas of the country. Home care can also add up. The national average cost to have a home health aide come into your home for 8 hours a day is \$4,623 a month or \$55,480 a year.<sup>1</sup> With home care, you also have ordinary home and living expenses.

You want a more secure financial future; MassMutual can help you get there.

Long term care costs on the rise\*

<u>Year</u>	<u>National Average Annual Cost of Nursing Home Room</u>
2007	\$77,745
2010	\$94,500
2015	\$120,608
2020	\$153,930
2025	\$196,458

<u>Year</u>	<u>National Average Annual Cost of Home Care</u>
2007	\$55,480
2010	\$64,225
2015	\$81,969
2020	\$104,616
2025	\$133,519

<u>Year</u>	<u>National Average Annual Cost of Assisted Living</u>
2007	\$35,628
2010	\$41,244
2015	\$52,639
2020	\$67,182
2025	\$85,743

\*Based on 2007 costs for a private nursing home room, a home health aide to provide 8 hours of care per day, and a one-bedroom apartment or a private room with a private bath. Assumes 5% inflation per year. MetLife Mature Market Institute. The MetLife Market Survey of Adult Day Services & Home Care Costs, September 2007. The MetLife Market Survey of Nursing Home & Assisted Living Costs, October 2007.

**Footnote:**

1. MetLife Mature Market Institute, The MetLife Market Survey of Adult Day Services & Home Care Costs, September 2007. The MetLife Market Survey of Nursing Home & Assisted Living Costs, October 2007.

Coverage provided by Policy Series MM500-P et al. (In ID, MM500-P-ID, in PA, MM500-P-PA through MM505-P-PA, in NC, MM500-P-NC, and in TX, MM500-P-TX through MM505-P-TX) and issued by Massachusetts Mutual Life Insurance Company, Springfield MA 01111-0001. For costs and further details of coverage, including exclusions and reductions or limitations contact your agent or MassMutual at 800-272-2216 (option 4) for a referral to an agent.

***The purpose of this material is the solicitation of insurance.***

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